



Dignity Transition Care



# Quarterly Nurse Check-Ins

## Your Family's Extra Layer of Care

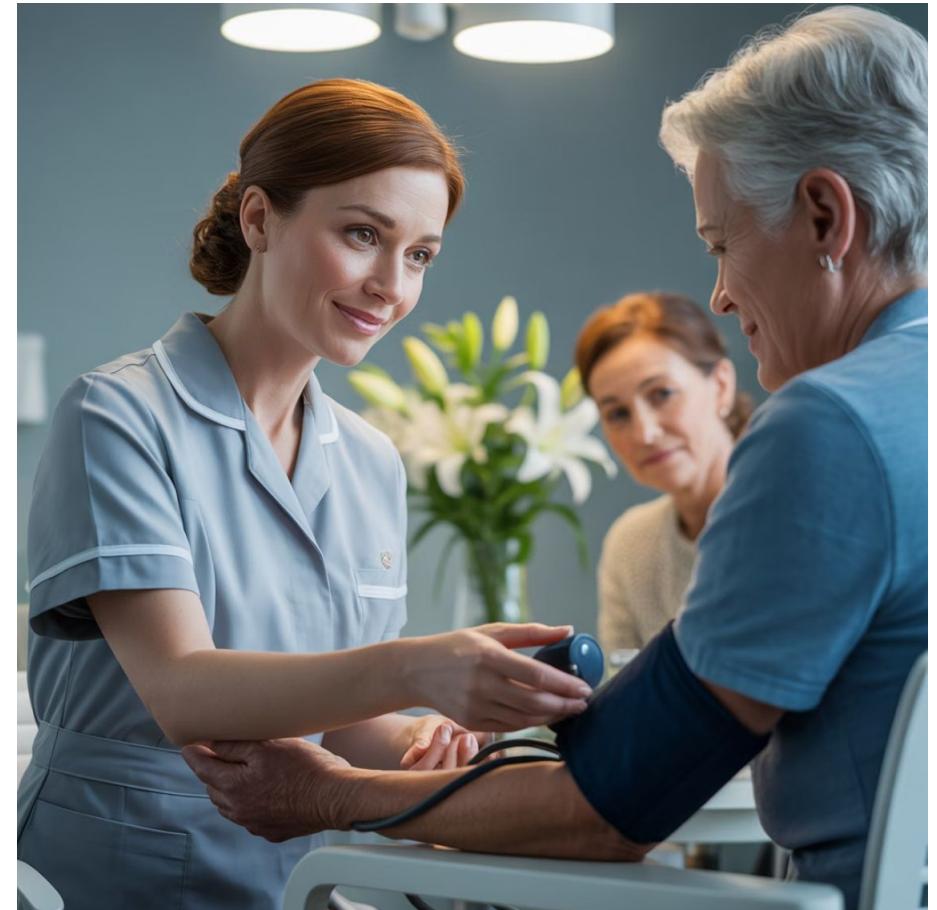
Because Every Loved One Deserves a Nurse's Eye – Every 3 Months

# Beyond Household Help

At Dignity Transition Care, we understand that caring for aging or disabled loved ones requires more than just assistance with daily tasks.

Our quarterly nurse visits provide professional oversight from experienced registered nurses who can spot potential health concerns before they become serious problems.

Peace of mind comes from knowing a healthcare professional is regularly monitoring your loved one's condition.



# What Happens During a Quarterly RN Visit?

1

## Medication Check

Comprehensive review of all prescriptions to ensure proper dosage and timing, identifying potential interactions or side effects.

2

## Vital Signs Review

Monitoring of blood pressure, pulse, temperature, and weight to detect early warning signs of health changes.

3

## Nutrition & Hydration

Assessment of dietary habits and hydration status to prevent malnutrition and dehydration, common issues among seniors.

4

## Mobility & Safety

Evaluation of fall risks, balance issues, and home environment to recommend safety improvements and prevent accidents.

1

## Mental Health Check

Screening for signs of confusion, anxiety, depression, or loneliness that might require additional support or intervention.

2

## Family Report

Detailed written summary shared with family members, including observations and recommended next steps.

3

## Care Plan Review

Professional recommendations for any necessary adjustments to the existing care plan based on changing needs.



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# How Often?

# Every 90 Days

Quarterly nurse check-ins are automatically included in your care package at **no extra cost**.

These regular visits establish a consistent rhythm of professional oversight, allowing our nurses to spot subtle changes that might otherwise go unnoticed.

**No extra fee. No added stress. Just support.**



# Who Performs the Visit?



## A Licensed, Compassionate Registered Nurse

Our nurses are specially trained in geriatric and disability care with years of experience working with vulnerable populations.

### Trained to Notice

Our RNs can identify subtle changes in condition that might escape untrained observers.

### Compassionate Care

We select nurses who combine clinical expertise with genuine empathy and patience.

### Your Advocate

Our nurses advocate for your loved one's needs within the healthcare system.

# Sample Quarterly Nurse Report

*Our comprehensive reports provide you with:*

- Clear summary of current health status
- Comparison to previous assessments
- Actionable recommendations
- Early warning signs to watch for
- Resources for additional support

 Ask us on your next call or visit our website to learn more



# Learn More or Book a Call



## Visit Our Website

[www.dignitytc.com](http://www.dignitytc.com)

Browse our services, read  
testimonials, and access  
helpful resources for family  
caregivers.



## Call Us

512-612-5811

Speak directly with our care  
coordinator to discuss your  
family's specific needs and  
concerns.



## Email

[admin@dignitytc.com](mailto:admin@dignitytc.com)

[inquiries@dignitytc.com](mailto:inquiries@dignitytc.com)



# **"Care Rooted in Dignity. Service Led by Heart."**



At Dignity Transition Care, we don't just check vitals — we check in  
with hearts.